

## **RESOURCE CONTACT DIRECTORY**

**Available for all citizens for the Town of York**

**YORK HOSPITAL:** 207-363-4321

[www.yorkhospital.com](http://www.yorkhospital.com)

**POLICE DEPARTMENT:** 911 OR 207-363-4444

**FIRE DEPARTMENT:** 911 OR YORK BEACH FIRE AT 207-363-1014  
911 or YORK VILLAGE FIRE AT 207-363-1015

**SUICIDE HOTLINE:** 911 OR 1-888-568-1112 (NATIONAL SUICIDE PREVENTION)

**POISON CONTROL NUMBER:** 911 OR 1-800-222-1222

**YORK HOSPITAL COMMUNITY RESOURCES:** 207-363-4321 OR  
[www.yorkhospital.com](http://www.yorkhospital.com)

Refer to their website for additional community resources. Other resources –organizations that deal with mental health, addiction, abuse and support groups.

**YCSA:** York Community Service Association

Grocery Shopping & Deliver/Medical Equipment:

Donald Martin 207-337-1867

Food Pantry: Maureen Monsen 207-363-5504, Ext. 3

Family Services and General Assistance Manager:

Janie Sweeney 207-363-5504, Ext. 2

**CENTER FOR ACTIVE LIVING:** 207-363-1036

**NEIGHBORHOOD NETWORK:** 207-351-1828, Sandy Shapiro

**HEART TO HEART:** 207-361-7311, Jud Knox

[www.hearttoheartagelesslove.org](http://www.hearttoheartagelesslove.org)

[jud@hearttoheartagelesslove.org](mailto:jud@hearttoheartagelesslove.org)

**YORK HOUSING AUTHORITY:** 207-363-8444

4 Pine Grove Lane,  
York, Maine. 03909

**SOUTHERN MAINE AGENCY ON AGING:** 207-396-6500

**MEALS ON WHEELS/PHONE PALS:** 1-800-427-7411

### **FOOD**

**FOOD PANTRY:** YCSA: 207-363-5504, Ext. 3

**YORK HOSPITAL:** 207-363-4321

Meal delivery/Bridges Program

**COMMUNITY SUPPER:** YCSA: 207-363-5504

1<sup>st</sup> and 3<sup>rd</sup> Tuesday of the Month

First Parish Church 4 PM Coffee 5 PM Dinner

**MEALS ON WHEELS: 1-800-427-7411 (\$3.50/meal M-F)**

### **GROCERY SHOPPING/DELIVERY:**

**GROCERY STORE/HANNAFORD:** 207-363-5357

YSCA: Shop & Delivery Donald Martin 207-337-1867

NEIGHBORHOOD NETWORK Shop/Delivery 207-351-1828

HANNAFORD TO GO (Shop) 207-761-5965

HEART TO HEART Pick Up/Delivery 207-361-7311

**CENTER FOR ACTIVE LIVING:** 207-363-1036  
LUNCH & DELIVERY  
DINNER CLUB TO GO (DELIVERED)

**HEART TO HEART:** 207-361-7311  
PICK UP ORDERED GROCERIES

### **CLOTHING**

**YCSA:** 207-363-5504, Ext. 4

### **HOUSING AND SHELTER**

**YORK HOUSING AUTHORITY:** 207-363-8444

**NEIGHBORHOOD NETWORK:** 207-351-1828  
Repair Referrals

**YCSA:** FAMILY SERVICES: 207-336-5504, Ext. 2  
Rent Assistance  
Fuel / Heat Assistance  
EMERGENCY FUNDS:  
Utilities/Electrical  
Household Supplies

**HEART TO HEART:** Volunteers for Errands: 207-361-7311  
Pick up orders  
Groceries  
Drug Store  
Meals  
Hardware Store  
Library Books

## **COMMUNICATION**

**CENTER FOR ACTIVE LIVING:** 207-363-1036

Call Center  
The Scoop  
Information

**YORK HOSPITAL:** 207-363-4321

Bridges Program (Weekly Check-In by Volunteers)

**NEIGHBORHOOD NETWORK:** 207-351-1828

Paid Membership

**HEART TO HEART:** 207-361-7311

Telephone Reassurance  
Advocacy  
Convening & Collaboration  
Consultation and Support

**PHONE PALS:** 207-363-4321

(Daily check-in Calls/Meals on Wheels)

## **TRANSPORTATION**

### **PAID SERVICES/MEMBERSHIP**

NEIGHBORHOOD NETWORK: 207-351-1828

YORK HOUSING AUTHORITY: 207-363-8444

**YORK HOSPITAL:** 207-363-4321 Medical Appointments (YORK)

**CAR REPAIRS/YCSA:** 207-336-5504, Ext. 2 York Community Service Association  
Emergency Funds

**HEART TO HEART:** 207-361-7311 – Jud Knox

## **SOCIALIZATION**

**CENTER FOR ACTIVE LIVING:** 207-363-1036

**NEIGHBORHOOD NETWORK:** Paid Membership

**YORK HOSPITAL:** 207-363-4321

## FAITH

**YORK HOSPITAL:** 207-363-4321 Spiritual Support

**YORK OQUNQUIT UNITED METHODIST CHURCH:** 207-363-2749

York County Family Fund (originally at First Parish)  
Outreach Programs

**ST. CHRISTOPHERS CATHOLIC CHURCH:** 207-363-2111

**ST. GEORGE'S EPISCOPAL CHURCH:** 207-363-7376

**FIRST PARISH CHURCH:** 207-363-3758

**YORK STREET BAPTIST CHURCH:** 207-363-2177

**UNION CONGREGATIONAL CHURCH:** 207-363-4821

**CAPE NEDDICK BAPTIST CHURCH:** 207-363-3566

**STAR OF THE SEA CATHOLIC CHURCH:** 207-384-7006

**TRINITY EPISCOPAL CHURCH:** 207-363-5095

## **HEALTH**

**YORK HOSPITAL:** 207-363-4321

Bridges Program  
Health Care Help Center  
Financial Assistance  
Living Well Center

**YCSA:** 207-336-5504, Ext. 2

Medical Needs  
Dental  
Personal Care  
Medical Equipment  
R/X Assistance

**SOUTHERN MAINE AGENCY ON AGING:** 207-396-6500

Wellness & Nutrition  
Resources & Support

**SUPPORT GROUPS:** Community Support (Attached List)

Step Up Parents 603-319-4739 or [www.stepupparents.net](http://www.stepupparents.net) or  
603-319-4746 [drichter@stepupparents.net](mailto:drichter@stepupparents.net)

ALTRUSA International Inc. of the Seacoast  
[www.altrusa.org](http://www.altrusa.org) or PO Box 250, York Harbor, ME 03911

Contact for York Rotary - Linda Bruce 207-363-0277