

SENIOR CITIZENS ADVISORY BOARD MINUTES OF MEETING 7/20/2021

Called to Order at 09:06 hours

Attendance, all board members present.

Meeting commenced at Parks & Recreation offices where Robin Cogger introduced Matt Frye, Professor at UNH Recreation Department. She advised that the Senior Citizens Advisory Board would be the first to contribute towards a Facility Assessment for improvements with the Center for Active Living. As the first focus group there will be others in the future, including pop-ups, with other members of CAL as well as Town residents who do not currently use CAL. He started by using facility driven metrics of what can be done without any barriers, our biggest one being parking.

Activity Room

Amphitheater

Exercise Room

Dedicated Craft Room with Storage Space/Sewing Machines/Outlets

Health Room

Reading/Library Room

Hang-out Room

Computer Aid Room

Kitchen / Cafeteria Dining Room with Drive Up Window

Reviewing capabilities to recoup revenues from outside resources toward Kitchen/Cafeteria ie., rentals: outside parties, showers, weddings, special occasions, birthday celebrations etc. With drive through lunch likely to stay more permanent the drive-up window was a suggestion

Building not inviting – people to people are the draw vs. building

Money issues hamper food distribution, cash vs. CC purchase, check vs. cash, paperwork not accurate

Non-program time, that would allow for time to make friends, foster relationships/opportunities for singles (date night) romance, dancing, etc.

Carollyn suggested creating program around BINGO as a cash revenue stream, makes a lot of money, food sales, etc.

Bring back potluck suppers

Volunteerism: Allowing (non-users – who have the ability to serve, but not necessarily the age) to buy into what CAL has to offer.

Focus group concluded at this point during meeting.

Motion Requested: Secretary advised that during the last meeting on May 18, 2021 the board failed to accept and vote the minutes from our March, 2021 meeting. Motion made at this time by Carollyn Anderson, 2<sup>nd</sup> Greg Fyfe.

Motion Made to waive and accept the minutes of the meeting of our May 18, 2021 meeting, motion made Maxine Brown, 2<sup>nd</sup> Carollyn Anderson.

Boston Post Cane – deferred

Debbie Meyers states that the Directory will have/and will need constant updating.

Needs to have SOS incorporated into it

Debbie Meyers stated that the Senior Citizens Advisory Board has been acknowledged to be the Town Selection as the authorized entity to work on behalf of Senior Citizens for the Town of York.

Debbie Meyers – updated on SOS Kate Ford (York Hospital) who organizes volunteers, but have no legal connections to provide help to seniors.

Debbie Meyers has asked SOS to meet with the board at our next meeting in September.

Debbie Meyers to meet with Steve Burns re: an upcoming function in August meet and greet – and to create a budget

Revisit – Boston Post Cane re: above. Chair Meyers requested a vote to accept the new criteria for the Boston Post Cane, motion Greg Fyfe, 2<sup>nd</sup> Carollyn Anderson.

Walking Group: Liz Maziarz advised it was hugely successful, and we adjourned our portion on 6/30/2021 for the summer. D. Meyers will get information to CAL-JoEllen, if and when a determination is made to continue program in the fall.

Public Comments: None- no public attended.

Carollyn Anderson stated just as a comment, that a friend Lil Lovett called to let her know that she had a need and was advised to contact Heart to Heart, which she did, and was then contacted by a lady from Senior Housing and they fulfilled her need. She was very, very, impressed. System is working.

Meeting Adjourned: 11:17AM.