

November 2009

Cribbage Daily at 9:00 AM ~ ~ Lunch served at 12 Noon

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																		
2 9:00 AM Cribbage 9:00 AM Exercise 1:00 PM Bridge	3 9:00 AM Cribbage	4 9:00 AM Cribbage 9:00 AM Exercise Prescription Drug Drop Off by S.A.L.T. (See blurb for various locations)	5 9:00 AM Cribbage 9:30 AM Breakfast "Brainstormer" at Norma's 1:00 PM -4:00 PM Hairdresser	6 9:00 AM Cribbage 9:00 AM Exercise 10:30 AM Medicare Updates 1:00 PM Mahjong 1:00 PM Tai Chi NY - FINAL PAYMENT FUE																																																																																																		
9 9:00 AM Cribbage 9:00 AM Exercise 1:00 PM Bridge NASHVILLE WEEK START	10 9:00 AM Cribbage 10:30 AM Honky Tonk with Tim Foley 1:00 PM Tai Chi	11 CLOSED - VETERAN'S DAY	12 9:00 AM Cribbage 10:30 AM Nashville Comedy Show 1:00 PM Balance & Strengthening 1:00 PM -4:00 PM Hairdresser	13 9:00 AM Cribbage 9:00 AM Exercise 10:30 AM Nashville Adventures & Tribute to Elvis Finale 1:00 PM Mahjong 1:00 PM Tai Chi																																																																																																		
16 9:00 AM Cribbage 9:00 AM Exercise 1:00 PM Bridge Swim Program start	17 9:00 AM Cribbage 1:00 PM Holiday Greeting Cards 1:00 PM Tai Chi	18 9:00 AM Cribbage 1:00 PM Balance & Strengthening	19 9:00 AM Cribbage 10:00 AM Xmas Craft Nook 1:00 PM -4:00 PM Hairdresser	20 9:00 AM Cribbage 9:00 AM Exercise 10:00 AM Xmas Craft Nook 10:30 AM New Happenings @ York Library 1:00 PM Mahjong 1:00 PM Tai Chi																																																																																																		
23 9:00 AM Cribbage 9:00 AM Exercise 1:00 PM Bridge	24 9:00 AM Cribbage 10:30 AM Senior Alliance	25 9:00 AM Cribbage 9:00 AM Exercise	26 CLOSED - HAPPY THANKSGIVING	27 CLOSED - HAPPY THANKSGIVING																																																																																																		
30 9:00 AM Cribbage 9:00 AM Exercise 1:00 PM Bridge	<table border="1" style="width: 100%; text-align: center;"> <thead> <tr> <th colspan="7">Oct 2009</th> <th colspan="7">Dec 2009</th> </tr> <tr> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td> <td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td> </tr> <tr> <td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td> <td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td> </tr> <tr> <td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td> <td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td> </tr> <tr> <td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td> <td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td> </tr> <tr> <td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td> <td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td> </tr> </tbody> </table>				Oct 2009							Dec 2009							M	T	W	T	F	S	S	M	T	W	T	F	S	S				1	2	3	4		1	2	3	4	5	6	5	6	7	8	9	10	11	7	8	9	10	11	12	13	12	13	14	15	16	17	18	14	15	16	17	18	19	20	19	20	21	22	23	24	25	21	22	23	24	25	26	27	26	27	28	29	30	31		28	29	30	31			
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